## Clarendon Happenings



## Chili Cook-Off - Today!

Join us right after worship for a sizzling competition of flavor, spice, and bragging rights at our Chili Cook-Off! Enjoy the tasty creations of your fellow chili lovers and vote for your favorite recipe.



### Ash Wednesday Worship, March 5, 7PM



Ash Wednesday is the beginning of the 40 days of Lent, concluding with the glorious resurrection on Easter Sunday, April 20. This deeply moving service of scripture, prayer and repentance will be led by the Youth in the Sanctuary. In-person and live-streamed.

## The Prayer Labyrinth Is a Great Way to Begin Lent

Begin your Lenten journey with a walk through the prayer labyrinth. Praying with a labyrinth is a form of walking meditation, a physical expression of the interior journey towards Christ. It gives us time and space to listen and respond to the Lord. The labyrinth (borrowed from Messiah UMC, Springfield) will be available in Corry Hall through 6PM today.



# Join Us for a Pancake Breakfast Support Our Youth & HIBS!

Mark your calendars and bring your appetite! On **Sunday**, **March 9**, after the worship service, our youth will be hosting a Pancake Breakfast in the Praise Room. This is more than just a delicious meal—it's an opportunity to make a difference.

All proceeds from the breakfast will go toward the HIBS Fully Funded Campaign, supporting students at Honduras Independent Bilingual School (HIBS). Every dollar raised helps



provide education, resources, and opportunities for children in Honduras who need our support.

Our youth are working hard—not just in fundraising but in service—to ensure these students have access to life-changing education. Let's show up for them the way they are showing up for others. So come hungry, enjoy some pancakes, and be part of something bigger than breakfast! Together, we can lift our youth and transform lives. See you there!

## Invitation to a Support Gathering for Federal Workers Finding Peace in Uncertain Times

To our valued federal workers.

We recognize that these times can bring uncertainty, stress, and anxiety. Whether you are facing job-related challenges, financial concerns, or simply the weight of the unknown, you are not alone. We invite you to join us for a Support Gathering — a space to breathe, share, and find encouragement among others who understand your journey. This will be a time of community, prayer, and practical support, where you can connect, reflect, and find strength together. On March 9th, right after the worship service, grab some breakfast from the youth and head over to room 311.

Come as you are. Whether you wish to speak or simply listen, this is a place for you to be heard, uplifted, and renewed.

For more information, contact Pastor Nilse (nilse@clalrendonumc.org) You are not alone—we are in this together.

#### Leadership Board Meeting Sunday March 9

The March Board meeting will be Sunday, March 9<sup>th</sup> at 11:30AM in Room 301, with the public open session ending at approximately 12:45PM. Board meetings are open for members of the congregation to attend and observe, except for closed portions dealing with staff-parish relations and other sensitive topics. There will be a public comment period at the end of the open session for member observers to comment or ask questions. As a reminder, the Board has set up a folder in the CUMC Google Drive for interested church members to view general Board information, financial information, meeting minutes, reports, records of decisions, etc. Access to this folder is restricted to CUMC members and approved individually in response to email requests. Members are able to view the contents, not edit or change them. If you would like access to this folder, or if you have any questions, please email the church office (office@clarendonumc.org) and our Board chair, Jon White.

## A call for courageous resisters & moral leaders by Rev. Dr. Annemarie Mingo

Tuesday, March 18th 7pm ET, Zoom event

Join United Women in Faith for an informative and inspiring lesson in history and theology from Rev. Dr. AnneMarie Mingo. Her lecture, "A Call for Courageous Resisters and Moral Leaders," will present selections from her extensive research on Black Church women's leadership in the Civil Rights Movement. See the Friday newsletter for more information.



Church office hours: Mon - Thurs, 9AM - 2PM 703-527-8574 or office@ClarendonUMC.org Items for the Friday email/Clarendon Happenings are due by Noon on Wednesday. Please submit all calendar and room requests to Fran Underwood at the office email.











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